

NAD⁺ Cell Regenerator Product Details

NAD⁺ Cell Regenerator™ promotes systemic youthful functions and boosts healthy cellular metabolism by helping inhibit the age-related decline in NAD⁺. NAD⁺ is a coenzyme critical to healthy cellular metabolism.¹⁻⁴ NAD⁺ is found in every cell in your body, where it facilitates energy production and other systemic youthful functions.

NIAGEN® nicotinamide riboside

NIAGEN® is a patented, clinically studied form of *nicotinamide riboside*, a compound that helps increase cellular levels of the NAD⁺ coenzyme. This is important because the NAD⁺ coenzyme is necessary for creating adenosine triphosphate (ATP), the compound your body uses to create cellular energy.

In a randomized controlled trial, older adults taking 250 mg of nicotinamide riboside a day experienced a 40% increase in NAD⁺ levels after just 30 days.⁸ Evidence from pre-clinical studies indicates that increasing NAD⁺ also encourages healthy metabolic and cognitive function.^{9,10} Our formula contains 300 mg of NIAGEN® in every vegetarian capsule.

Promotes healthy aging and longevity

NAD⁺ Cell Regenerator™ also promotes the activity of sirtuin (SIRT1 and SIRT3), essential proteins that work with NAD⁺ to promote healthy aging.¹¹ It also enhances production and function of mitochondria, the cellular powerhouses that provide the energy you need to thrive.¹⁰